

2022-23

ANNUAL REPORT



SMT. SUNANDA PRAVIN
GAMBHIRCHAND
COLLEGE OF NURSING
AND PARAMEDICAL
SCIENCES
SEVA MANDAL EDUCATION
SOCIETY

Name of the College: -

Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing and paramedical sciences, Matunga, Mumbai-19

Address: - Smt. Parmeshwari Devi Gordhandas Garodia Educational Complex, 338, R.A. Kidwai Road, Matunga, Mumbai- 400019

Academic report

Academic implementation:

Academic calendar consisting curricular, clinical, co-curricular extracurricular activities was followed for effective implementation and delivery of curriculum. Master rotation and clinical rotation plans were prepared at the start of the programme and implemented as planned.

Commencement date of Academic year:

Year	Date of Commencement
First Semester	15/02/2023
Second Semester	01/08/2023
Third Semester	09/02/2023
Third year	01/02/2023
Fourth year	01/08/2022
First Year ANM	01/08/2022
Second Year ANM	01/08/2022

Name of Course And Intake for 2020-21: -

Course	Number of Intake	Course	Number of Intake
UG	40	Ph. D	-
PG	-	Diploma	40

Total Number of Staff

Total Number of Staff	
Total Teaching Staff	Total Non-Teaching Staff
25	14

Un-gradation of Academic Strengths

e p graduotion of the desired softengens	
Number of Ph.D. Holders	
4 ongoing	

Total Number of Seminars, workshops, Conferences organized by the Institute:

Subject	International	National	State	Other
Webinars	3	2	2	3
Seminars	-	-	3	5
Workshops	-	-	3	6
Conferences	-	1		-

Clinical Postings for the year 2022-23

Clinical Postings	Clinical Postings				
Year	Area	Period			
First semester	S.R. Mehta hospital	01-06-2023 to 30-06-2023			
Second Semester	Kasturba hospital	21-03-2022 to 20-04-2022			
	L.T.M.G Sion hospital	02-05-2022 to 20-04-2022			
	S.R. Mehta hospital	11-07-2022 to 20-08-2022			
	Lion Tarachand Bapa hospital	11-07-2022 to 20-08-2022			
Third year	L.T.M.G Sion hospital	05-04-2023 to 08-06-2023			
	Lion Tarachand Bapa hospital	04-07-2023 to 05-08-2023			
	S.R. Mehta hospital	04-07-2023 to 05-08-2023			
Fourth year	Sewri TB hospital	01-09-2022 to 30-09-2022			
	L.T.M.G Sion hospital	06-09-2022 to 06-10-2022			
	RPH- Virar/ Wangani	01-11-2022 to 03-12-2022			
	S.R. Mehta hospital	19-12-2022 to 24-12-2022			
	UPH- Chhota Sion	12-01-2023 to 30-01-2023			
	L.T.M.G Sion hospital	27-02-2023 to 31-03-2023			
	Global Hospital	05-04-2023 to 20-05-2023			

Examination Details

Year	Mid-term	Pre-final
First Semester	26/4, 27/4, 28/4, 18/5/2023	5/6, 7/6, 9/6/2023
Third Semester	16/5/2023, 18/5/2023, 24/6/2023	-
Third year	15/6/2023 to 19/6/2023	-
Fourth year	3/4/2023 to 5/4/2023	7/5/2023 to 9/5/2023

Academic Result

Sr.	Year	Total	Students	Students	No. of subjects failed
No.		Students	Passed	Failed	
		Appeared			
01	4th year	17	17	00	-
02	4th year old batch	02	02	00	-
	Freshers	04	03	01	2 subjects
	Repeater				
03	3rd year repeater	10	08	02	2 subjects
04	2nd year old batch	22	16	06	2subjects- 3 students
					3subjects- 2 students
					4subjects- 1 student
05	2nd Semester	36	28	04	2subjects- 4 students
06	1 st year old batch	12	06	06	3subjects- 2 students
	- J = = = = = = = = = = = = = = = = = =				4subjects- 4 students
07	1 st Semester repeater	10	09	01	2 subjects

Number of Research Projects

Research Projects		
Faculty		
On Going	5	
Completed	7	
Students		
On Going	40	

Research Projects of Students

SR. NO	NAME OF THE STUDENTS	NAME OF RESEARCH GUIDE	RESEARCH TOPIC
1	Ms. Aldar Varsharani Santram	Mr. Prashant Tambe	A comparative study between the traditional classroom method and smart class amongst nursing students in the selected college of a metropolitan city
2	Ms. Anjarlekar Siddhi Sanjay	Mrs. Priyanka Prasad	A study to assess the effectiveness of plan teaching program regarding Jacobson relaxation technique to reduce stress level among the nursing faculty in selected area of metropolitan city.
3	Ms. Bachkar Pratiksha Annasaheb	Ms. Nikhita Logade	A study to assess the effectiveness of application of camphor oil on cough among under five children in selected urban areas of metropolitan city
4	Ms. Bandkar Gautami Prakash	Ms. Prachi Vavhal	A descriptive study on stress level and coping strategies among the first year BSc nursing students regarding semester pattern curriculum of selected in nursing college
5	Ms. Bhoir Tanvi Thakur	Mr. Prashant Tambe	A study to assess the effectiveness of structured teaching programme on knowledge regarding organ allocation system among the nursing students in selected college of metropolitan city.
6	Ms. Chavan Mansi Pravin	Ms. Greeshma Minesh	"A Study to assess effectiveness of information booklet on awareness regarding computer vision syndrome among BCA Students in selected college of metropolitan city"
7	Ms. Chile Tanvi Mahesh	Ms. Namrata Chopdekar	Effectiveness of dietary care pathway knowledge, attitude and practices in lowering blood sugar level among type 2 diabetes mellitus patients' residence in urban community area
8	Ms. Dalavi Ravina Manohar	Ms. Namrata Chopdekar	Effectiveness of Nurse Led Intervention on knowledge, attitude and self-care activities among Type 2 Diabetes Mellitus patients residing in selected Urban Community area.
9	Ms. Dalvi Harshala Bhagwan	Ms. Neswari Fernando	A descriptive study to assess the relationship between quality of sleep and academic performance among nursing students of selected college of metropolitan city.
10	Ms. Dharne Vrushali Rajaram	Ms. Riya Khanolkar	A study to assess the challenges faced in academic and clinical learning environment by student nurses in selected nursing college of metropolitan city".
11	Ms. Dhivar Janhavi Balaji	Ms. Riya Khanolkar	A study to assess the knowledge, attitude and practice of Nursing ethics and law among nursing students of nursing college of metropolitan city
12	Ms. Gamre Amisha Kiran	Ms. Prachi Vavhal	
13	Ms. Ingle Poornima Vijay	Ms. Shilpa Shettigar	A study to assess nursing student in class. Reasons and lower level of achievement: opinion towards remedies
14	Ms. Kamble Janhavi Rajendra	Ms. Janhavi Kamble	A Study to assess the knowledge and attitude of nursing students among LGBTQIA Community in metropolitan city.
15	Ms. Khairmode Akanksha	Ms. Sukanya Jangade	"A Study to assess the effectiveness of Computer assisted instructions on Knowledge and attitude regarding Hazards of use of plastic products among the school children at selected rural school."
16	Ms. Khan Maleeha Shakeel	Ms. Tejasvi Pawaskar	A study to assess effectiveness of planned teaching on knowledge regarding uses of contraceptives to couples of urban and rural areas in selected metropolitan city
17	Ms. Khandge Vaishnavi Nilesh	Ms. Namrata Chopdekar	Effectiveness of Game Therapy on improving self-realization of selected aspects in women's health among working women in a selected college.
18	Ms. Lad Sanjana Sudhir	Ms. Delphina Gurav	A survey to assess the knowledge and attitude towards the nurse entrepreneurships among nursing staff of hospital in metropolitan city.
19	Ms. Manjarekar Vedangi Ravindra	Ms. Greeshma Minesh	A study to assess the effectiveness of structure teaching program for prevention of burnout syndrome among the Nursing teachers at selected nursing college of metropolitan city
20	Ms. Mhade Dhanshree Devdas	Ms. Diana Fernandes	A study to assess the knowledge and attitude towards vegan food among the general public of metropolitan city

SR.	NAME OF THE	NAME OF	RESEARCH TOPIC
NO	STUDENTS	RESEARCH GUIDE	
21	Ms. Mohammed	Ms. Shilpa	A Study to Assess the Overview Regarding Implementation of
	Roshni Waliullah	Shettigar	Additional Diploma and PG Nursing Courses Among Academician
			Nursing Leader and Staff Nurses as On Job Training Model as Used in
			Medical Courses
22	Ms. Patil Harshala	Ms. Nikhita	A quasi-experimental study to assess the effectiveness of organic
	Sunil	Logade	cotton sanitary pad over regular sanitary pad among nursing students in
			selected college of metropolitan city
23	Ms. Patil Priyali	Ms. Neswari	A pre-experimental study to assess the effectiveness of self-
	Uday	Fernando	instructional module on knowledge regarding doom scrolling among
			undergraduate nursing students in selected nursing colleges
24	Ms. Pandhare Aarti	Mrs. Shilpa	An expert experience, opinion of nursing leader in relation to
	Sampat	Shettigar	professional behavior of nursing cadre about process of resignation,
25	M D 11 M11.	M D: 1	retirement, change in department
25	Ms. Paradkar Nikita	Ms. Priyanka	A Descriptive study to assess the effects of violent video games on
26	Krushna Ms. Pawar Gauravi	Prasad Ms. Shilpa	children's behavior of selected school of metropolitan city A comparative study to assess the opinion of nursing students and
20	Hanumant	-	teachers in related to advantages and disadvantage of semester pattern
	Панинані	Shettigar	and yearly pattern curriculum of nursing implement by INC."
27	Ms. Rane Shreya	Ms. Riya	A study to assess the effect of self-care guideline on perimenopausal
21	Sandeep	Khanolkar	women's knowledge about healthy life styles in selected community
	Бинасер	Kildilolkul	area in metropolitan city.
28	Ms. Ravatale	Mr. Prashant	A study to assess the planned teaching program on knowledge and
20	Ankita Navnath	Tambe	dietary practice regarding the consumption of refined wheat flour-
			based food products among higher secondary school students at
			metropolitan city.
29	Ms. Sawant	Ms. Tejasvi	A study to assess effectiveness of planned health teaching on
	Sukanya Prakash	Pavaskar	knowledge regarding hand foot mouth disease among mothers of under
			five children in selected metropolitan city
30	Ms. Shelavale Yoga	Ms. Sukanya	A study to assess the effectiveness of ginger tea on dysmenorrhea
	Suresh	Jangade	among adolescent girls in selected school of rural area.
31	Ms. Shelke Asmita	Ms. Diana	A study to determine prevalence of vision loss and associated factors
	Baban	Fernandes	among the geriatric population in a metropolitan city
32	Ms. Shinde Akshata	Ms. Neswari	A study to assess the knowledge and prevalence of anemia among
22	Dnyandev	Fernando	adolescent girls by using hemoglobin coloring scale
33	Ms. Shinde Sakshi	Ms. Diana	A study to assess the effectiveness of planed teaching programme on
	Kundalik	Fernandes	knowledge regarding adverse effect of anti-pyretic, antispasmodic &
24	Ma Chinda Chassa	Ma Taisani	analgesic drugs among junior college students of metropolitan city.
34	Ms. Shinde Shreya Sachin	Ms. Tejasvi Pavaskar	A study to assess effectiveness of topical application of coconut camphor oil on dandruff amongst adolescent girls in selected areas of
	Sacinii	Tavaskai	metropolitan city
35	Ms. Sitap Trusha	Ms. Nikhita	A study to assess the effectiveness of music therapy on stress
33	Santosh	Logade	management among nursing students in selected nursing college of
	- Sumosii	Loguet	metropolitan city.
36	Ms. Valvi Shreya	Ms. Sukanya	A study to assess the effectiveness of plan Teaching program on factor
	Anil	Jangade	causing homesickness and coping strategy adopted by the 1st year
			nursing student in nursing college
37	Ms. Vedre	Ms. Greeshma	A study to assess the effectiveness of autobiography as an innovative
	Vaishnavi	Minesh	learning method in pharmacology on the nursing students of a selected
	Mahendra		college of nursing in a metropolitan city.
38	Ms. Veer Gauri	Ms. Delphina	Effect of planned teaching programme on knowledge regarding HPV
	Manohar	Gurav	vaccine among parents of adolescent girls.
39	Ms. Yadav Sandhya	Ms. Priyanka	A study to assess the effectiveness of planned teaching regarding
	Mahendra	Prasad	tracheostomy care among the nursing students in selected college of
			metropolitan city.

Number of Publications

Level/Type	No. of publications
International	3
National	5

Sl.no	Scopus/ WOS/ PubMed ID/UGC Care No.	Publication Type	Publication Title	Author- name	Journal- name	Year
1	101298	International	Voice from the frontline and learning for the future: A qualitative descriptive study on wider perspectives of frontline nurses in India during the COVID 19 global pandemic	Mrs. Delphina Gurav	Clinical Epidemiolog y and Global Health	2022- 2023
2	101299	International	Voice from the frontline and learning for the future: A qualitative descriptive study on wider perspectives of frontline nurses in India during the COVID 19 global pandemic	Mrs. Shilpa Shettigar	Clinical Epidemiolog y and Global Health	2022- 2023
3		International	A Comparative Study to Assess the Effectiveness of Normal Steam Inhalation and Steam Inhalation with Cabbage Leaves to Manage the Symptoms of Common Cold, Cough and Relieve from Headache among Nursing Students at Selected Nursing Institute of Metropolitan City	Ms. Namrata Chopdek ar	Ideas-Peer review interdisciplin ary journal (vol-13)	2022- 2023
4	5687	International	A Study to Assess the Effectiveness of Planned Teaching Program on Awareness Regarding Environmental Sanitation among the Asha (Accredited Social Health Activist) Workers Working in Selected Rural Community Area	Mr. Prashant Tambe	International Journal for Multidiscipli nary Research (IJFMR)	2022- 2023
05	2308317	International	A study to assess the knowledge of Braden scale for pressure ulcer among ICU staff nurses in Mult speciality hospitals, Mumbai.	Ms. Abena PA	International Journal of Creative Research Thoughts	2022- 2023
06	21X0119	International	A study to assess the effectiveness of structured teaching programme on crash cart management among second year and third year nursing students in selected Nursing college, Mumba	Ms. Priyanka Prasad	International Journal of Creative Research Thoughts	2022- 2023
07	2308548	International	Comparative study on factors affecting anger and coping strategies adopted by reproductive age group women of selected urban and rural community.	Ms. Prachi Vavhal	International Journal of Creative Research Thoughts	2022- 2023

List of Extension Activities:

Sr No.	Name of the activity	Organising unit/ agency/ collaborating agency	Number of students participated in such	Number of teachers participated such activiti
1	World Breastfeeding Week	SMES.SSPG.CON with Nowrojee Wadia Maternity	activities 25	3
2	World Nutrition Month (Poshan maah, donation)	Hospital SMES.SSPG.CON with Sharaddhaben Mahilashram Matunga	39	2
3	World Mental Health Day(health talk sion	SMES.SSPG.CON with Lokmanya Tilak Municipal General Hospital	132	25
4	World Polio Day(vaccination drive)	SMES.SSPG.CON with Matunga, Wadala Vangani Primary Health Care Center	62	1
5	World Diabetes Day(skit/Role play)	SMES.SSPG.CON with Lions Club of Sion	36	2
6	World AIDS Day(skit/red ribben activity)	SMES.SSPG.CON with Mumbai Districts Aids Control Society	35	2
7	Beach Cleaning Drive(Reti Bander, Mahim Beach clean)	SMES.SSPG.CON with United Way	40	1
8	World Leprosy Day(Role play)	SMES.SSPG.CON with Dharavi Health Post	75 1	
9	World Cancer Day(Skit/ Rally)	SMES.SSPG.CON with Dharavi Health Post	75	1
10	World Tuberculosis Day	SMES.SSPG.CON with Group of Tuberculosis Hospital, Sewri	20	2
11	World Nature Conservation Day	SMES.SSPG.CON with vasundhara Green Club	75	1
12	Blood donation Camp	SMES.SSPG.CON with Smt. S. R. Mehta & Sir K. P. Cardiac Institute	5	2
13	World No-Tobacco Day(pledge taking) Nasha Mukt Abhiyaan	SMES.SSPG.CON	20	55
14	Beach Cleaning Drive(Cleaning And Plantation Drive)	SMES.SSPG.CON withSt.Mary's JSO Church, Naigaon	40	1
15	World Heart Day	SMES.SSPG.CON with Smt. S. R. Mehta & Sir K. P. Cardiac Institute	39	3
16	Dakshaben Pathak Memorial health camp	SMES.SSPG.CON with Lions Club of Sion	15 2	
17	School Health programme	SMES.SSPG.CON with PHC, Nirmal katkari pada	37	1
18	Health Camp	SMES.SSPG.CON with PHC, Nirmal katkari pada	37	1
19	Health related and Entertainment programme to Gediatrics Inmates	SMES.SSPG.CON with Shri. Manav Seva Sangh Matunga	8	1
20	Health related and Entertainment programme to orphnage home	SMES.SSPG.CON with Shri. Manav Seva Sangh Matunga	8	1

List of Awards/ Appreciation for Extension Activities:

Sr No	Name of the	Awards /	Other organized	Year of awards
	activities	Recognitions	bodies	
1	Pulse polio vaccination (Wadala Health Post)	Appreciation letter	MCGM	2022-2023
2	Pulse polio vaccination (Dharavi Health Post)	Appreciation letter	MCGM	2022-2023
3	Blood Donation Camp	Appreciation letter	L.T.M.G	2022-2023
4	Environment Education Project	Appreciation letter	United Ways, Mumbai	2022-2023
5	Health Camp	Appreciation letter	Anupama Foundation	2022-2023
6	Health Camp (Women's Day)	Appreciation letter	Anupama Foundation	2022-2023
7	First Aid Lecture	Appreciation letter	Dr. BMN College of Home science	2022-2023
8	Lecture on Women and Health	Appreciation letter	Dr. BMN College of Home science	2022-2023
9	Consolation Prize for Best Social Initiative for Women Empowerment at Bhavishya Bharat-National award Festival for Social work for colleges.	Consolation Prize	Nagindas Khandwala college of Commerce, Arts and Management Studies.	2022-2023

Number of field visits organized: twenty-four (24)

SR.N O	Title of the Collaborative activity	Name of the collaborating agency with contact details		
1	Educational Visit (Laundary Department)	Tata Memorial Hospital(AdministrativeOffice:+91-22-24177000)		
2	Educational Visit (Dieatary Department)	Tata Memorial Hospital(AdministrativeOffice:+91-22-24177000)		
3	Educational Visit (Rural Hospital)	Vangani Primary Health Center (Administrative Office: 022251291061		
4	Educational Visit (Gram Panchayat)	Vangani Primary Health Center (Administrative Office: 0222512910611)		
5	Educational Visit (Anganwadi Visit)	Vangani Primary Health Center (Administrative Office: 0222512910611)		
6	Educational Visit (Well Purification)	Vangani Primary Health Center (Administrative Office: 0222512910611)		
7	Educational Visit (Panchayat Samiti)	Vangani Primary Health Center (Administrative Office: 0222512910611)		
8	Educational Visit (Sewage Plant)	Lovegrove pumping station(Administrative Office:02224026511)		
9	Educational Visit (Water purification plant)	Water purification plant, Bhandup(Administrative Office:02224952568)		
10	Educational VisitDe- addicton center	Sion Hospital, Sion, Mumbai (Asministrative office:(22)-24076381)		
11	Educational Visit (CHILD HOME/ REMAND HOME)	Sion Hospital, Sion, Mumbai (Asministrative office:(22)-24076381)		
12	Educational Visit(Under Five Clinic)	Sion Hospital, Sion, Mumbai (Asministrative office:(22)-24076381)		
13	Educational Visit (Trauma Care)	Sion Hospital, Sion, Mumbai (Asministrative office:(22)-24076381)		
14	Educational VisitFamily Welfare Clinic	Sion Hospital, Sion, Mumbai (Asministrative office:(22)-24076381)		
15	Educational Visit (CSSD)	Sion Hospital, Sion, Mumbai (Asministrative office:(22)-24076381)		
16	Educational Visit (Laundary Department)	Sion Hospital, Sion, Mumbai (Asministrative office:(22)-24076381)		
17	Educational Visit (Dietary Deapartment	Sion Hospital, Sion, Mumbai (Asministrative office:(22)-24076381)		
18	Educational Visit (Hospital Waste Management)	Sion Hospital, Sion, Mumbai (Asministrative office:(22)-24076381)		
19	Educational Visit (Radiology)	Sion Hospital, Sion, Mumbai (Asministrative office:(22)-24076381)		
20	Educational Visit (Milk Bank)			
21	Student Faculty Exchange Programme	Holy Family Institute of Nursing Education kurla		
22	Student Faculty Exchange Programme	Sr. J.J.Group of Hospital & Medical college		
23	Lecture on first Aid	Dr. BMN College of Home Science(Administrative Office:022-24095792)		
24	Educational Visit (Artificial Kidney unit)	Lions Tarachand Bapa Hospital & Research Center		

Highlights of the year

Best Student Award





Ms. Shreya Agawane won the prestigious award of the Best student by the Maharashtra University of Health Sciences on its silver Jubilee year, with scholarship amount of Rs. 25000/-

Collaboration with Police Station

The College has collaborated with Matunga Police Station in view of exchanging services. The college provides health related services to the police department, whereas, the Police force aids with security related awareness sessions and programs.

O Nirbhaya Squad

Nirbhaya Squad is an active cell in our college that trains students for self-defense and conducts security related programs. We have a male and female campus officer who looks after the training of these Nirbhaya squad through the police station and cyber security cell.

O Eco club

Eco club of our college is extremely active and in association with the United Ways Foundation, our students have been regularly participating in various activities related to Eco system conservation. They participate in beach cleaning, mangroves cleaning, Plastic ban education, Seed bombing activities and water conservation activities. We are proud to receive the Maximum participation trophy for environmental sensitization activities by the United Way Foundation.

• Institutional Social Responsibility & Extension activities:

Nurse Led Clinic (NLC): Our college is in the campus along with 7 other colleges. With the view of focusing on the utilization of nursing services and knowledge for patient care, Nurse-led clinic has been initiated in our college since the year 2021. This appears to be an innovative idea where the health needs of nearly 5000 students and staff in the campus are taken care in timely and cost-effective manner. Various other activities are also undertaken by NLC, Like health card maintenance, First aid services, health education, health camps, referral services, follow-up, and assistance in investigations.

o Project SEVA SaHYOG

(Seva Mandal Education Society's Sunanda Health Youths for Orphans and Geriatrics)
Adoption of Old Age home & Orphanage

Our college has adopted old age home and orphanage at Shree Manav Seva Sangh association. Our students provide health services to the inmates every fortnightly in form of:

History taking, Physical examination, Health cards maintenance, Health education, Preventive services, Nursing care procedures, Health camps, follow up visits and some entertainment programmes.

Project SSPG CHAPS

(Smt. Sunanda Pravin Gambhirchand Community Health Awareness and Preventive Services)

Under this project College undertakes various community activities for health promotion and disease prevention beyond the academic requirement at various communities in the urban and rural areas.

Skit on Awareness Programme regarding Breast Cancer, Breast Self Examination & Oral Cancer













o Tree plantation



o Diabetes Awareness



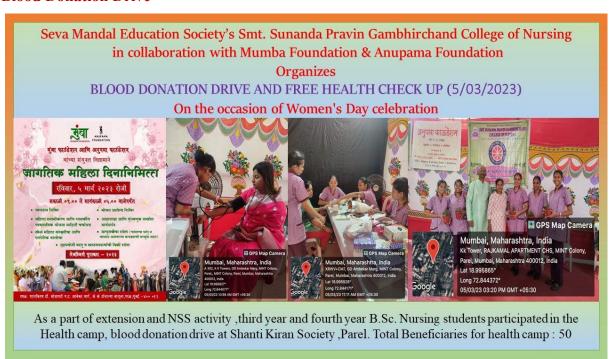
o School Health Programme



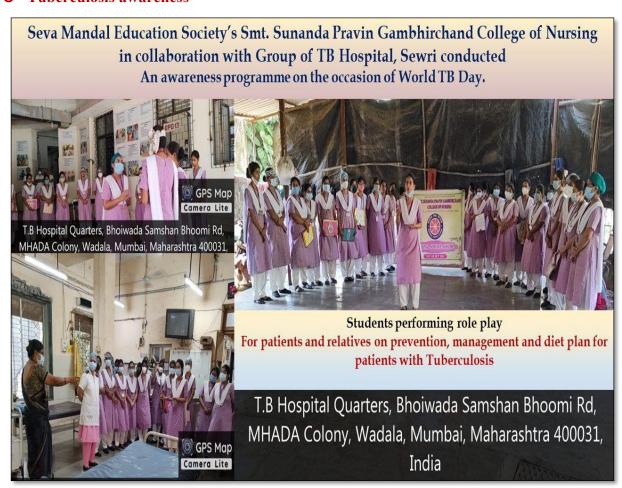
o Nutri mela



Blood Donation Drive



Tuberculosis awareness



O Participation in Indradhanush and Saptarang Fest:

Our students won four prizes at the Indradhanush Fest and Participated in the Interuniversity Saptarang Festival at Gujrat representing MUHS. Four first prizes in the following events.

1. Western Solo singing- 2. Western group singing- 3. Indian group singing- 4. Collage making-





o XXVIII TNAI Biennial Conference held on 5th and 6th January 2023



Third Prize in Gender Louge competition at Sophia college



Best Kabaddi Team Prize at District level competition organized by DSO



o Oath Taking and Convocation Ceremony







o Annual Day Arambh





o Annual Picnic





